

DAY 5

TUESDAY, OCTOBER 17, 2017

Quantum of the Seassm

Today's Itinerary:

Kochi, Japan



Ship's Arrival: 7:00 am

All Aboard: 2:30 pm

Weather Forecast:

Partly Cloudy, 62 ° F / 16 ° C

Sunrise: 6:11 am

Sunset: 5:40 pm

Wind: Northeast 14 knots

UV Index: Low 3

Tomorrow's Itinerary:

At Sea

TODAY'S FEATURED EVENTS

look for daily deals inside >

**** ROYAL -RECOMMENDS

BROUGHT TO YOU BY

YOUR CRUISE DIRECTOR **BILL BRUNKHORST**

QUANTUM ROCKS DANCE PARTY

Travel back to a time when poodle skirts and bobby socks ruled and Rock 'n' Roll was sweeping the country - the 50's. Find out who will be crowned King and Queen of the Quantum of the Seas Twist Competition. Join Kronos Band and your Cruise Director's Staff for all the dancing fun! .

LEATHER SALE Up to 50% of on designer leather, great designer brands like Cocinelle, Michael Kors, Kipling and many more with tremendous savings.Limited stock available, don't miss this opportunity to take home a designer bag at unbeatable tax and duty free prices. Sales starts tonight at 3:00 pm,Royal Esplanade

LAST CHANCE TO WIN \$500 Don't miss your chance to enter the 1-Bet Raffle! Head to the Casino and place any bet and you'll automatically be entered to win. One dollar is all it takes to win up to \$500 off your folio - just make your bet at any machine or table in the Casino before 9PM tonight. Make sure you insert your SeaPass card or present it to the Dealer. One lucky winner will be announced at 10PM tonight! Place your bet TODAY in the Casino Royale, Deck #3

TONIGHT ONLY!EXCLUSIVE VIP RECEPTION! Enjoy Champagne in a refined environment with an exclusive selection of our finest artworks on board. We will unveil artworks from our master artists including Rembrant, Chagall, as well as modern masters such as Peter Max and Itchak Tarkay. The event will take place at 8:30 pm in the Vintages, deck 5.

JAPANESE CLINIC Is it time to have a health check? Have yours done right here onboard with our JMS iClinic. Dial 55475 for more information

BE IN THE KNOW

Gangway Open: 7:30 am - Estimated, based on clearance by local authorities

Gangway for Departing Guests: Deck 2 mid ship.

Provisional Landing Permit Collection All guests are required to carry their SeaPass card & Passport copy with PLP when going ashore.

Important Things to Know If you have an excursion today please check your tickets for departure times and locations. And don't forget to bring your SeaPass card with you. Enjoy your day at this fabulous port.

Japan Quarantine Announcement Japan quarantine regulations prohibits the movement of the following items on or off the ship. Fresh fruit and vegetables, meat of any kind, prepared meals including sandwiches, dairy products, any other consumable food item, flowers, seeds, or plants. Only commercially bottled drinking water is permitted to leave the ship without the permission of the Quarantine Officer. Guests are requested to present their hand luggage for inspection to the Quarantine Officers stationed at the gangway.

Pool towel check-out is as easy as 1, 2, 3. But leave it behind and it's a \$25 USD fee! All you have to do is present your SeaPass card to the pool attendant, check out as many towels needed, and return them at the Towel Station with your SeaPass card. A \$25 USD fee per each unreturned pool towel will be added to your onboard expense account. Towel Station hours: 8:00 a.m. to 9:00 p.m. daily.















Drink of the day

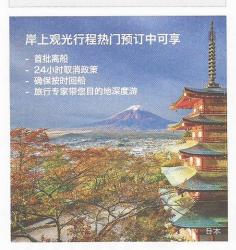
TEQUILA SUNRISE --- An awesome refreshing blend of Tequila, orange juice and grenadine syrup. \$8.25 serve in souvenir glass and the glass is yours to keep! (18% gratuity will be added to your bill)





Blackjack Fact

Did you know a face card and ace are dealt approximately every 20 hands in Blackjack? That's why it's so popular. Try your luck today. See you there.



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OUR DAILY DEALS

PARADISE LOTTO \$10 TICKETS This is your chance to cash in on the lotto win of a lifetime! You could win over \$1,000,000 in our Paradise Lotto Drawing! Buy your lucky tickets for only \$10 at the Casino Cash Desk, Deck 3. Draws take place today at midnight.

GOSMILE* TEETH WHITENING TREATMENT A revolutionary system that makes your teeth noticeably whiter in just 30 minutes. It can even lift stains from porcelain crowns and veneers and is completely safe. Don't miss out on this opportunity to dazzle everyone with your smile. Normally \$135, now only \$105. Save \$30. Dial 4600 for more information and appointments.

YOU'RE NEVER TOO OLD FOR ARCADE GAMES! Adults can enjoy hanging out in the arcade, fully-equipped with a variety of exciting video games. Video arcade operates 24 hours. Deck 15 aft.

JAPANESE CLINIC Is it time to have a health check? Have yours done right here onboard with our JMS iClinic. Dial 55475 for more information

PROFESSIONAL GROUP SHOOT It's hard enough to bring the group together for a photo let alone to get a great shot. Our talented team of photographers will capture the characters of your group so that you have a lifetime memory of your cruise. Please visit the Focus Photo Gallery on Deck 5 to book your appointment. Terms & Conditions apply.

SPA SPECIALS! The Vitality Spa has amazing offers for you! 1. Book any Signature Services today and get 25 minutes added onto your treatment for free! 2. Spend over \$150 on any Spa Products and receive 15% off plus an Elemis Bag. 3. Receive a Free Collagen Eye & Neck treatment with any Spa or Salon service booked today! Do not miss out on these exclusive offfers. Pamper yourself today. Call 4600 or visit the Vitality Spa on Deck 15 for more information

ART HISTORY MASTER'S EXHIBITION Join us for the most unforgettable art exhibition on this cruise! Combined with our VIP reception in Vintages, the Art Team is curating an exceptional show featuring artists who have changed history. Come and experience our world-class collection on board the Quantum of the Seas, and be ready to be wow-ed. Just for tonight, a free work of art is given for the first 50 visitors. 6:00 pm to 10:00 pm, Art Gallery, Deck 5.

JUST IN - NEW DIGITAL CAMERAS What an adventure you've had so far. But have you got the pictures to prove it? Stop by the Focus Photo Gallery on Deck 5 to check out all the latest arrivals of digital cameras including GoPro, Nikon, Canon, Panasonic and Olympus.

YOU ARE CORDIALLY INVITED It's our pleasure to invite you to visit the best viewing spot for an exclusive VIP photo-shoot at the helipad tomorrow 10:30 am. Space is limited so don't miss it. Visit the Photo Gallery at Deck 5 to book your session now.

SHORE EXCURSION HIGHLIGHTS

ALL ACCESS TOUR — A BEHIND-THE-SCENES ONBOARD EXPERIENCE Go behind-the-scenes and get a seldom-seen glimpse at how the Royal Caribbean onboard experience comes to life. Experience the ultimate adventure from bow to stern, including an exclusive tour of the Bridge-the navigational heart of the ship. Hurry, space is limited. Reserve your spot at the Shore Excursions desk today!

PANORAMIC SHANGHAI WITH HOTEL & AIRPORT DROP OFF Discover China's city of Shanghai, "Queen of the Orient", on a 4-hours sightseeing tour. Enjoy a panoramic drive through the Bund, Shanghai's former colonial financial hub, with graceful 19th century architecture and waterfront views of the newer Pudong district's metropolitan skyline. See the Oriental Pearl TV Tower, a 1,535-feet high symbol of 21st century Shanghai. Visit Jin Mao Tower, one of Shanghai's highest buildings, for sweeping panoramic views over all of Shanghai. Notes: This tour can be offered as private arrangement with drop off at guest discretion. Please contact 55434 for price quotation.



If you have an excursion today, make sure you check your tickets for departure times and locations. Please remember to have your SeaPass card with you as you exit the ship.

DAY 5

TUESDAY, OCTOBER 17, 2017

Quantum of the Seass



Go paperless and plan your day.

INING GUIDE		
REAKFAST		
5:45 am - 9:30 am	Windjammer Marketplace	Deck 14
6:00 am - 8:00 am	Solarium Bistro (Gold & Silver Card holder's only)	Deck 14
6:15 am - 8:30 am	Coastal Kitchen (Gold Cards only)	Deck 14
6:30 am - 8:30 am	American Icon Grill	Deck 4
6:30 am - 10:30 am	The Café @Two70	Deck 5
UNCH		
Noon - 3:00 pm	Windjammer Marketplace	Deck 14
2:00 pm - 5:30 pm	The Café @Two70°	Deck 5
INNER		
5:30 pm	American Icon and Silk (Doors close at 6:00 pm)	Deck 4
5:30 pm	The Grande and Chic (Doors close at 6:00 pm)	Deck 3
5:30 pm - 8:30 pm	Windjammer Marketplace	Deck 14
5:30 pm - 9:00 pm	Coastal Kitchen (Gold Cards only)	Deck 14
8:00 pm	American Icon and Silk (Doors close at 8:30 pm)	Deck 4
8:00 pm	The Grande and Chic (Doors close at 8:30 pm)	Deck 3
PECIALTY (Please allow	2 hours for dining)	
6:00 am - 10:00 pm	La Patisserie (\$)	Deck 4
5:00 pm - 1:00 am	Kung Fu Panda Noodle Shop (\$)	Deck 14
5:00 pm - 1:00 am	Michael's Genuine Pub (\$)	Deck 4
5:30 pm - 9:30 pm	Izumi Japanese Cuisine (\$)	Deck 5
5:30 pm - 9:30 pm	Jamie's Italian (\$)	Deck 5
5:30 pm - 9:30 pm	Chops Grille (\$)	Deck 5
5:30 pm - 9:30 pm	Hot Pot at Solarium Bistro (\$)	Deck 14
5:30 pm - 9:30 pm	Vintages - Jamie's Italian Tapas (\$)	Deck 5
5:30 pm - 9:30 pm	Dadong Wonderland (\$)	Deck 5
6:00 pm	Chef's Table (\$)	Deck 5
(Reservation rec	ommended: Dial 7000 between 8:00am - 7:00 pr	n)
	ation fee will be charged for reservations cancelled rvation date and for no show guests and \$25 for C	hef's Table.)
SNACKS		
6:00 am - 3:00 am	Café Promenade	Deck 4
1:00 nm = 3:00 am	Sorrento's Pizzeria	Deck 4

Please also note that bare feet, short pants and tank tops are not permitted in these venues at any time.

BAR HOURS

For an early drink the Sunshine Bar, La Patisserie and Cafe@Two70 open at 7:00 am and the Pool Bar at 9:00 am. The Casino Bar, Boleros, Music Hall and Schooner Bar remain open later

ALL DAY ACTIVITIES

Sudoku is Available (Enter through Two70°) The Library, Deck 6

Shore Excursions Information - Channel 15, 24 hours Stateroom Television

MORNING SCHEDULE OF EVENTS

MORNING SCHEDOLE OF LVENTS				
6:00 am - noon	Guantum Morning Show with your Cruise Director Bill Brunkhorst and and Activities Manager Bonnie Bai, Channel 14, Stateroom Television, Deck			
7:00 am	Ship's Arrival			
8:00 am - 11:00 pm	Table Tennis Open Play, SeaPlex* SeaPods, Deck 16			
9:15 am	Morning Trivia (in English) , Schooner Bar, Deck 5			
9:45 am	Sudoku Challenge, Schooner Bar, Deck 5			
10:30 am	Arts & Crafts: Ribbon to Roses, Schooner Bar, Deck 5			
11:00 am	Secret Garden: Fun Coloring, Schooner Bar, Deck 5			
11.4F am	Line Dance Clare Music Hall Dock 7 4			

11:45 am	Line Dance Class, Music Hall, Deck 3, 4
AFTERNOON SCH	EDULE OF EVENTS
1:00 pm	Card Making Workshop, Schooner Bar, Deck 5
2:00 pm	Celebrity Head, Schooner Bar, Deck 5
2:00 pm - 6:00 pm	Mix it Up Flowrider - Stand up / Boogle Board (Weather permitting), FlowRider*, Deck 15
2:00 pm - 6:00 pm	Open Climbing (Weather permitting), Rock Climbing Wall, Deck 15
2:00 pm - 7:00 pm	RipCord by iFly Flight - \$29 per person, RipCord by iFLY, Deck 15
2:00 pm - 8:00 pm	North Star Ride (Reservations required) \$20 per person, North Star, Deck 15
2:30 pm	ALL ABOARD
2:45 pm	DreamWorks* Appearance: Featuring Puss in Boots, The Via, Deck 5
2:45 pm - 3:45 pm	♥ Sailaway Music with your Resident DJ Derek, Say Bye to Japan!(weather permitting), Main Pool, Deck 14
3:00 pm	Ship Scavenger Hunt, Schooner Bar, Deck 5
3:00 pm - 5:00 pm	Designer Leather up to 50% off, Royal Esplanade, Deck 4
3:00 pm - 7:00 pm	Limited time offer - \$50 discount on all Signature Treatments, Vitality at Sea Spa, Deck 15
3:30 pm - 4:30 pm	Learn to play - Complimentary Gaming Lessons, Casino Royale, Deck 3
4:00 pm - 5:00 pm	Family Karaoke Time, Music Hall, Deck 3, 4
4:30 pm	DreamWorks* Appearance: Featuring Alex the

Lion from Madagascar, Royal Esplanade, Deck 4

Game Show Majority Rules (in Mandarin), Music 5:00 pm Hall, Deck 3, 4

5:00 pm 5 O'Clock Quiz(in English), Schooner Bar, Deck 5 Japanese Pharmacy Consulation!Come and join us, 5:00 pm - 5:30 pm

Japanese Pharmacy, Deck 5 5:15 pm Family Adventure Science, Advenure Ocean: Science Lab, Deck 12

Game Show Majority Rules (in English), Music Hall, 5:30 pm Deck 3, 4

5:45 pm ▶ DreamWorks® Appearance: Featuring King Julien from Madagascar, Focus Photo Gallery, Deck 5

[☑] Entertainment & Shows ■ Reservation Required ⑤ Crown & Anchor Society Event DreamWorks Event/Activity & Vitality Activity (\$) Fee Applies

 $[\]ensuremath{\mathfrak{T}}$ Assistive listening system available - obtain receivers at Guest Services, Deck 4.

EVENING SCHEDU	LE OF EVENTS
6:00 pm - 7:00 pm	Family Disco, Music Hall Main Floor, Deck 3
6:00 pm - 9:00 pm	Roller Skate (Limited Availability - Please be at the venue from 6:00pm - 6:30pm to collect your wristband), SeaPlex* , Deck 15
6:00 pm - 10:00 pm	Free Anti-Aging Skin Consultations with our Medi- Spa Physician. Dial 4600, Vitality at Sea Spa, Deck 15
6:00 pm - 10:00 pm	Art History Master's Exhibition, Art Gallery, Deck 5
6:00 pm - 10:00 pm	Dessee LED Facial today only \$35, Vitality at Sea Spa, Deck 15
6:30 pm - 7:30 pm	Free Seminar: Teeth Whitening, Vitality at Sea Spa, Deck 15
7:00 pm - 9:00 pm	Chinese Karaoke Party Time, Music Hall, Deck 3, 4
7:00 pm - 9:21 pm	Outdoor Movie: Wonder Woman, Outdoor Movie Screen, Deck 14
7:00 pm - 10:00 pm	Seminar: How to Lose 1-8 Inches in 50 minutes (Reservation Required), Vitality at Sea Spa, Deck 15
7:30 pm	Sonic Odyssey, Royal Theatre, Deck 4, 5
7:30 pm	Guess the Chinese Tune , Schooner Bar, Deck 5
7:30 pm - 8:30 pm	Complimentary Wellness Presentation: Relieving Back Pain with Good Feet, Vitality at Sea Fitness Center, Deck 16
7:45 pm	Music Trivia - 50's & 60's(in English), Schooner Bar, Deck 5
8:00 pm - 9:00 pm	Seminar: Pamper Your Hair with Phyto, Vitality at Sea Spa, Deck 15
8:00 pm - 9:15 pm	Karaoke Fun(for English-speaking and International Guests), Boleros, Deck 4
8:25 pm	StarWater Show (Guests with reservations please show up before 8:10pm), Two70°, Deck 5
8:30 pm	EXCLUSIVE VIP RECEPTION, Vintages, Deck 5
9:00 pm	Teen Gagaball Tournament Age:12-17, SeaPlex $^{\circ}$, Deck 15
9:00 pm	Sophia Fiori New Arrival , Regalia Jewelry, Deck 4
9:00 pm - 9:30 pm	Enjoy a free oxygen blood test when purchasing any product of Japanese Pharmacy, Japanese Clinic, The Via, Deck 5
9:30 pm	Sonic Odyssey, Royal Theatre, Deck 4, 5
9:30 pm - 10:30 pm	Complimentary Wellness Presentation: Relieving Back Pain with Good Feet, Vitality at Sea Fitness Center, Deck 16
10:00 pm	1 - Bet Raffle , Casino Royale, Deck 3
10:15 pm - late	International Dance Music with your Resident DJ Derek, Boleros, Deck 4

10:30 pm 🕲 Quantum Rocks Party with Live Band Cronoz and your Cruise Director's Staff, Two70°, Deck 5

midnight (\$)Paradise Lotto Drawing, Casino Royale, Deck 3

MUSIC & DANCING

Guitar Favorites with Aleks

6:00 pm - 7:00 pm

Schooner Bar, Deck 5

Party and Dance Music with Kronos Band

6:45 pm - 7:45 pm

Boleros, Deck 4

Guitar Favorites with Aleks

8:15 pm - 9:00 pm

Schooner Bar, Deck 5

A Tribute to Teresa Teng with Luna Oceans Quartet

9:00 pm - 10:00 pm

Music Hall, Deck 3, 4

Piano Melodies with David

9:15 pm - late

Schooner Bar, Deck 5

Guitar Favorites with Aleks

9:30 pm - 10:15 pm

Boleros, Deck 4

Live Music with Luna Oceans Quartet

10:15 pm - late

Music Hall, Deck 3, 4

Quantum Rocks featuring Kronos Band

10:30 pm - 11:30 pm

Two70°, Deck 5

Party and Dance Music with Kronos Band

11:45 pm - late

Two70°, Deck 5

* Musicians will take breaks during sets

For the safety and well-being of all persons onboard, some members of our Security Team will be wearing Body Cameras as part of their uniform.



ENTERTAINMENT & ACTIVITES SPOTLIGHT 🧳 Assistive listening system available - obtain receivers at Guest Services, Deck 4.

PRODUCTION SHOW - SONIC ODYSSEY Inspired by experimental musician and innovator William Close, and with the talent of more than two dozen musicians, vocalists, and dancers, Royal Caribbean Productions is proud to debut this original production show casing the next dimension in global sound, as never before seen on land or sea. Royal Theatre, Decks 4 & 5.

MAJORITY RULES GAME SHOW The Game Show with no right or wrong answer. The audience decides, by a show of hands, who wins. Come along and join a team, Come on and join us, let's have fun together.

STARWATER A visual spectacle of groundbreaking technology and live performance artistry. Starwater explores human emotion as our muse brings together the magic of the stars and the mysteries of the seas for this awe inspiring experience. Two70, Deck 5 * reservations required.

SWEET HALLOWEEN FUN How to get the Halloween candies? 1. Scan the QR code and follow "Royal Caribbean" on Wechat. 2. Type in #Happy Halloween 3. Upload a photo of yourself with a Halloween decoration onboard. Get a cute box of holiday candies!* *Claim your candy package in the Living Room, deck 14, from 3:00 pm - 4:00 pm on Day 6, Sea Day.

LIVE MUSIC TONIGHT Every evening we have a variety of music for you to enjoy in different lounges around the ship. Enjoy a drink and some live music tonight.

BUMPER CARS On your mark. Get set. Go! Head to the SeaPlex for first dibs on the bumper cars. When you get the go-ahead, put the pedal to the metal and bump anyone who gets in your way.

① ON THE MENU

MOJITO CLINIC (\$) Join our friendly Bartender in Schooner Bar and learn how to make the best mojito at 4pm for \$12.50 + 18 % gratuity and get our signature souvenir glass for yours to keep!

SPECIAL COCKTAIL PARTY WITH THE BARTENDER (\$) Come and join your friendly bartender in Music Hall deck 3 and deck 4 for special cocktail party. With unlimited special cocktail party package from 10:00 pm for \$17.88 and get one of our signature souvenir glass for free! (18% gratuity will be added to your bill) Get 10% off if you purchase before the party started

BIONIC BAR POWERED BY MAKR SHAKR All you have to do is step inside and Bionic Bar transports you eons ahead to another place in time, where the space pulses with electricity and the possibilities are endless. Hover near the bar and witness the technological marvel making it all possible: the first true robotic bar, not just at sea, but anywhere. Located on Deck 5, Midship.

BEVERAGE PACKAGES It's never too late to buy one. Buy today and pay only for the remaining days. Available in all bars.





未来航程

THE GIFT THAT KEEPS ON GIVING Are you celebrating a special occasion or know someone who is? Treat yourself or surprise a loved one with a cruise gift certificate and you will receive \$200 Instant Onboard Credit to spend now! You can use your Instant Onboard Credit towards purchases made onboard your current sailing and once you select the ship and sailing date a 10% discount will be applied to the cruise fare. See your NextCruise Sales Team on Deck 5 and pick your Royal Caribbean gift certificate today!

i OPEN HOURS

THE FOLLOWING SERVICES AND VENUES ARE OPEN 24 HOURS:

Challenger's Video Arcade, Deck 15

Emergency Only (Medical/Fire/Man Over Board), Dial 911

Guest Services, Dial O, Deck 4

Library, Deck 6 (enter on Deck 5)

Operator, Dial 0

Photo Kiosk, Deck 5

Royal Caribbean OnlineSM, Library, Deck 6 (enter through two70, Deck 5)

Royal iQ Stations:

Dining Corridors, Decks 3, 4;

Shore Excursion Kiosks, Deck 5

Selected Hot Tubs, Deck 14

	Art Gallery	6:00 pm - 10:00 pm	Deck 5
	Baby Splash Zone (Weather permitting)	2:00 pm - 6:00 pm	Deck 14
	Casino Royale	4:30 pm - late	Deck 3
	Focus Photo Gallery	4:00 pm - 10:00 pm	Deck 5
	H2O Zone (Weather permitting)	2:00 pm - 6:00 pm	Deck 14
	Internet Assistant	2:00 pm - 9:00 pm	Deck 4
	Japanese Clinic (Dial 55475)	3:00 pm - 10:00 pm	Deck 5
	Japanese Pharmacy (Dial 55477)	3:00 pm - 10:00 pm	Deck 5
	Medical Facility (Dial 51)	8:00 am - 11:00 am / 4:00 pm - 7:00 pm	Deck 2
	NextCruise Office	noon - 10:00 pm	Deck 5
	Picture This Private Photo Studio (Dial 55470)	4:00 pm - 10:00 pm	Deck 5
	SeaPlex	8:00 am - 11:00 pm	Deck 15
	Shops Onboard	3:00 pm - 11:00 pm	Deck 4
	Shore Excursions Desk	6:00 pm - 7:00 pm	Deck 5
	Vitality Fitness Center	8:00 am - 11:00 pm	Deck 16
	Vitality Spa (Dial 4600)	8:00 am - 10:00 pm	Deck 15

Sports Information, Rules & Regulations

Please bring your SeaPass* to all activities. Parents must be present to sign a waiver for children under the age of 18 and must stay to supervise children under the age of 13 years. For rules and restrictions and sign up requirements, please see staff at the appropriate venue.

North Star - Weather permitting. Reservations are required to participate in the North Star. This can be completed on your Royal iQ app on your personal device or on any Royal iQ station based around the ship. Spaces are limited. Please follow the instructions of the Gondola Operator. Parents must stay to supervise children under the age of 13 years. Children less than 42" may not ride and less than 48"must be accompanied by a supervising companion of at least 14 years of age. Maximum rider weight is 300 lbs. Guests with the following conditions are advised not to ride: Expectant Mothers, Persons with a history of back and/or neck problems or pain. Those susceptible to motion sickness, vertigo or claustrophobia and those under the influence of drugs or alcohol. Please come at the start time of your reservation to avoid missing your ride.

FlowRider® - Please remove all jewelry items. Minimum height requirement; Boogie Boarding is 52", Stand Up Surfing is 58". The line will be closed 30 minutes - 1 hour before closing time.

Rock Climbing Wall - Please bring socks, T-shirt and shorts/pants; clothing must be dry. Minimum age is 6 years. Sign ups will close 15-30 minutes before closing time.

RipCordSM by iFLY® - Reservations are required to participate in the iFLY. This can be completed on your Royal iQ app on your personal device or on any Royal iQ station based around the ship. Space are limited. Please remove all loose articles: including cameras, watches, jewelry, purses, wallets, and glasses and ensure pockets are completely empty. Please tie back long hair and wear tennis shoes/sneakers or bring socks and clothing must be dry. Minimum age of 3 years old and guests under 6' tall have maximum weight of 230 lbs, guests over 6' tall have maximum weight of 250 lbs. Please come at the start time of your reservation to avoid missing your class.

For the safety and well-being of all persons onboard some members of our Security Team will be wearing Body Cameras as part of their uniform

Medical Facility In case of a medical emergency, rest assured that our well-equipped medical facility can attend to your needs. The center also features a link to U.S. medical centers of excellence. Located on Deck 2.

Emergency Only Dial 911

Smoking Policy All indoor public spaces onboard Quantum of the Seas are smoke free with the exception of Casino Royale which has designated smoking and non-smoking areas.
Additionally, smoking is not permitted in the staterooms or on stateroom balconies. Designated outdoor smoking areas are located on the starboard side Deck 5 aft and portside of Deck 14 and behind the big screen on the pool deck Electronic cigarettes or e-cigarettes are only permitted within designated smoking areas.

Safety first with swim vests Play it safe at the pool, swimming smart and looking cool. Complimentary swim vests are available in three sizes designed for children ages 4 to 12. Swim vests are located near the towel station on Deck 14.

Helpful Health Information Medical experts tell us that the best way to prevent colds, flu or gastrointestinal illnesses such as a Norovirus that can be transferred easily through person-to-person contact – is to simply wash your hands thoroughly with soap and warm water after toilet breaks and again before eating anything. Symptoms of Noroviruses include an upset stomach, vomiting and diarrhea. According to the US Centers for Disease Control and Prevention, Noroviruses affect 23 million Americans on land each year. In fact, the only illness that is more prevalent is the common cold. Should you experience any gastrointestinal illness, please visit the ship's medical facility for a consultation and

Look Both Ways! Be careful when crossing the street in this port. Cars drive on the left side of the road

Kochi Ship Agent 4700 Aza-Shinko, Niida, Kochi city, Kochi Pref., Japan. 781-0112 Official name " Misato-chiku wharf No.7-3". Popular name is "Kochi Shinko No.7-3" . Mr. Moriwaki - 81-80-5663-2567 / 81-889-42-6141 e-moriwaki@irikai in

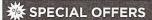
China Embassy Fukuoka 1 Chome-3-3, Jigyohama, Chuo Ward, Fukuoka, Prefecture 810-0065, Japan Phone - +81 92-713-1121



(#) CROWN & ANCHOR SOCIETY

SAVE WHEN YOU PLAN YOUR NEXT CRUISE TODAY

By visiting the NextCruise Sales Team and booking your next Royal Caribbean adventure during this sailing, you will take advantage of Royal Caribbean's best offer available, receive \$200 Instant Onboard Credit per booking plus 20% off of your future cruise fare. This savings is combinable with most other Royal Caribbean promotions and your bookings will be reserved through your Travel Professional back home. There is no better way to book another Royal Caribbean adventure, so visit your NextCruise Sales Team on Deck 5 to plan your future sailing.



JAPANESE CLINIC

Want to know more about circulation and your blood vessels? Join the JMS iClinic team on the Via, Deck 5, to learn more.

COSMETIC FACIAL TREATMENTS

Volumizing skin treatments, instant lip enhancement and non-surgical brow lift. All treatments FDA-approved. Free consultation with Dr. Sofia, Spa Physician.

SCRATCH YOUR WAY TO \$25,000

Get your lucky scratch card from the Cashiers Desk for just \$5 and start scratching your way to winnings of up to \$25,000.

Casino Royale, Deck 3

GOOD FEET - WALK IN COMFORT

Do you suffer from knee pain, poor posture, back pain and sore feet and many more painful conditions? Visit the Vitality Fitness Center, Deck 16 for a free footprint assessment. From one simple footprint we can show you how you can eliminate these concerns. Check your Cruise Compass in the daily activites for our "Walking in Comfort" Seminars! Dial 4600 for information and : appointments.